

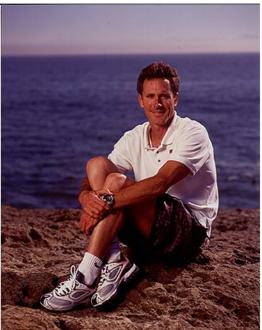
Presents...



Your Best Season Ever

Rebound Physical Therapy and Sports Performance Lab invite you, your family and friends to hear Mark Allen speak. Allen is a six-time Ironman Champion and 10-time winner of the Nice International Championships in France. Since retiring in 1996, he remains the most recognized triathlete in history and coaches triathletes of all levels. Allen will share strategies for physical and mental training. Join us for this exciting event!

Friday, January 14, 6:30—8 p.m.
Rebound Sports Performance Lab
155 SW Century Drive in Bend





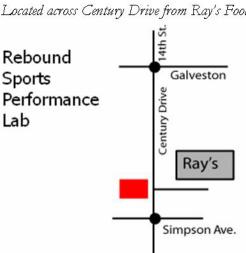
Space is limited! Please RSVP by January 12

Phone: 541-322-7332

Email: bgrogan@reboundoregon.com \$3 at the door includes light refreshments

<u>Location Details:</u>
Rebound Sports Performance Lab
155 SW Century Drive
Bend, OR 97702

Located across Century Drive from Ray's Foods





State-of-the-art testing and training equipment
Individualized coaching
Gait and swimming analysis
Bike fitting
Strength training
Programs to help **anyone** reach their fitness goals

Realize your dreams!

Call Rebound at 585-1500 for information or a consultation.