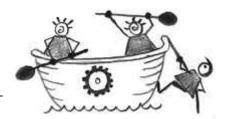
Bend Adventure Racing Klub News

February, 2004







Sharing adventure in the outdoors a.k.a "Getting Lost Together"

Raid World Championship Qualifier Coming to Bend!

First there was the Wild Juniper Berry, now the Raid! Bend is quickly becoming a hotspot for adventure racing. Professional racers in the know have already discovered that our mountains and rivers are perfect training grounds. We are home to Team Montrail's Justin Wadsworth (whom we want to thank warmly for his wonderful presentation to BARK last month), Team Earthlink's Kerry Classen and retired pro Cathy Sassin. Not to mention Pacific Northwest powerhouse, Team BARK! Now the race directors of the most prestigious race in the sport have discovered the charms of Bend as well.

This article is reprinted from Bend.com:

February 4 - PORTLAND, MAINE – Saga d'Aventures, the producers of the Raid World Championship and its qualifying world tour the X-adventures Raid Series, and Aura360 are proud to announce the location of the North American stage to be held in Bend, Oregon, June 11-13.

Bend will serve as the North America qualifier for the Raid World Championship and be the second stop of the five-stage series. Other qualifying stops for the Raid World Championship, to be held in Argentina November 29-December 5, include Morocco, France/Italy, and Australia.

The X-adventure Raid Series:

- -The only global circuit of adventure racing events, with identical rules, format and management.
- -50 co-ed teams per event covering over 200km of mixed terrain
- -30 teams qualify for Raid World Championship

The X-adventure Raid Series event will feature approximately 50 co-ed teams of four who will traverse over 200 kilometers across varied outdoor terrain. Teams will navigate their way through the course over a two-day period on mountain bikes, canoes, skis, inline skates, and on foot. The course is kept a secret from competitors until just before the race, when pre-designated checkpoint locations are released to the teams.

Bend was selected for its wide variety of challenging terrain, ranging from the volcanic-formed Cascade mountain range to the beautiful Deschutes River, numerous lakes, desert terrain and

miles of single-track in Ponderosa pine forests.

The Raid World Championship:

- -An equitable global qualifying system
- -The World's 30 top teams
- -An innovative and technical race course
- -A stunning and challenging venue: Argentina, and the Patagonian lakes and mountains around San Martin de Los Andes

"We're thrilled to organize the North American leg of the X-adventure Raid Series in Bend this year. We will take advantage of this extraordinary environment to organize an event that meets the expectations of all the top level teams who compete on our circuit", stated Sylvain Thuault, Race Director.

The town of Bend and flagship mountain resort Mt. Bachelor will play host to the event and support marketing and promotional efforts to the greater Bend area.

"The Bend VCB is extremely excited that RAID organizers have selected Bend to hold their race" stated Jackie French, Executive Director of the Bend Visitor & Convention Bureau. "It's a perfect fit for Bend as Oregon's Playground. This race is a big deal in regards to the significant amount of national media exposure and the immediate positive economic impact that we will receive as the host city. The Bend VCB, Mt. Bachelor and the Deschutes National Forest were delighted to work with RAID organizers to make this happen."

For more information on the event, please visit www.theraid.org

Event sponsors Saab and Salomon will help drive regional and national awareness for the event. For Salomon, based in Portland, Oregon, the event is held in their backyard for the first time since the Series' inception in 1998.

BARK will be working closely with race organizers to provide volunteers and other assistance. Please contact Pam Stevenson at

pam_stevenson@hotmail.com or 389-5599 if you want to be involved. Or sign up your team today!

The Wild SnowBerry

a fun winter adventure

Sunday February 22 * 9am
A local Sno-Park

The Wild SnowBerry is another special informal event we've designed just for BARK members. This is a 4-5 hour adventure race on snowshoes, skis or any combination thereof. **The objective** is to visit all the checkpoints in order. First team to the finish line wins a special prize.

Teams may consist of any number of people equal to or greater than 2. A team must travel together and all team members must reach every checkpoint. Activities will include **snowshoeing** or X-C skiing (approximately 7 miles) with navigation. This is a perfect opportunity to hone your navigational skills since things look different covered in snow.

Start/finish location and required USGS topo maps will be announced 1 week before the event. Teams will receive a Passport/Clue Sheet at the start of the race. You are completely responsible for your own gear and safety. Teams prove they visited each checkpoint in the correct order by writing down the required information at each checkpoint on their passport.

Check-in and map plotting:
8am

Sponsored by:



The Wild SnowBerry is FREE

for BARK members

(\$5 donation suggested)

Register by filling out the form



Mandatory Team Gear

First Aid Kit: sunscreen (1 oz), moleskin (4 inch square), butterfly bandages (1 per person), gauze pads (1 per person), 1" adhesive tape (1 roll)
Waterproof map case
Pen

UTM Grid Reader Compass Mirror Knife with locking blade Waterproof matches

Mandatory Personal Gear

Snowshoes and/or Skis Backpack Space blanket Waterproof Shell jacket Fleece Top Gloves Hat

Recommended Gear

Water, food Extra warm, dry clothes Gaiters Cell phones are OK; GPS is prohibited

Questions?

Pam Stevenson pam_stevenson@hotmail.com (541) 389-5599

The Wild SnowBerry

a fun winter adventure Sunday February 22 * 9am * A local Sno-Park

Registration Form

Team Name		_	
Team Captain:			
Last Name	First Name		
Street Address			
Citv	State	Zip	
Phone		•	
E-mail			
Team members:			
Last Name	First Name		
Last Name	First Name		
Last Name	First Name		
Each member must read and sign waiver:			
Assumption of Risk and Liability Waiver			
Outdoor adventures by their very nature are i	nherently dangerous	and involve some	degree of risk I am awa
that participating in any Bend Adventure Ra			
including, but not limited to the hazards of r			
forces of nature, and travel to and from the tr			
foresee all of the potential hazards of outdoor			
or her decisions. To the best of my knowledge			
the activities in which I will participate. I und			
voluntarily participating in these outings, trips			
in these activities and hold harmless the Bend			
instructors, from and against any and all clair			
of the Bend Adventure Racing Klub or its agen	ts, tour leaders, office	ers, or instructors.	
I HAVE READ AND UNDERSTAND THE ABOVE	STATEMENTS CONCE	RNING BEND AD	VENTURE RACING KLUB.
Food manhor must sign the BADI/ Linkility W/	siver A percent or que	audian must sian t	ha farma far mambana una
Each member must sign the BARK Liability Wa 18 years of age.	liver. A parent or gua	ardian must sign ti	ie form for members und
	_		
Signature:	Date:		
Return to:			
BARK- The Wild SnowBerry			
501 NW Riverfront			
Bend, Oregon 97701			
(541) 389-5599			
pam_stevenson@hotmail.com			

Finding the CP with map and compass

February 11, 2004 at 7PM

in south east Bend

Meet with Max King and Bob Speik for a beginner to expert Adventure Racing Navigation Clinic. Learn all about topo maps, the UTM grid and course plotting to given Check Point locations. Use the declination adjusted base plate compass as a protractor for plotting bearings and more. Everyone welcome at this indoor BARK Clinic.

Just bring your compass to:

61334 Wecoma Court, Bend OR

UTM (Nad 27) 10,636,387 / 4,876,123

Don't forget your beer and munchies!

Check www.TraditionalMountaineering.org or call Bob Speik at 385-0445 for more info on map, compass (and optional GPS).

Join Team BARK for the 2004 Race Season

Team BARK is excited as ever about adventure racing and we are looking for new sponsors and racers now! Contact Team Captain Dave Schneider at 536-5617 if you are interested, especially the first race of the season, the Cal Eco 24-hour race at Lake San Antonio, California April 17-18.

New BARK members are always welcome! Please encourage your friends and other crazy people you know to join BARK. No experience required, just an inability to lie on the couch eating Hershey Kisses while crying about Ben and J. Lo's cancelled wedding.

And a thank you to our sponsors:





Chiropractic Care for Adventure Racers

598-7271

Special Introductory Offer for BARK members:

10% discount with your BARK card



Thomas Schill, D.C., P.C.

56896 Venture Lane, Suite 1 Sunriver, OR 97707 P: (541) 598-7271

Bend Adventure Racing Klub 2004

NAME	ADDRESS	PHONE	E-MAIL
Angelo, Rob	2500 NW Regency Apt 170 Bend, OR 97701	480-8500	rob_angelo2000@yahoo.com
Bentley, Abra	114 NW Congress Bend, OR 97701	389-2334	bentley@bendres.com
Bloom, Jeremy	1293 NW Wall St #166 Bend, OR 97701	948-0103	jeremybloom@bloomtriathlon.com
Broady, Joshua	1919 NE Purcell Bend, OR 97701	617-0678	jbroady@bendcable.com
Brodeur, TJ	65610 78th St Bend, OR 97701	312-2640	brodeur@bendres.com
Carrick, Moe	3802 SW Summerfield Bend, OR 97701	388-9242	mcarrick@moementum.com
Clark, Dave	2051 NW Talapus Ct Bend, OR 97701	389-1812	dsclark@bendcable.com
Corbari, Sandy	19673 Alexandrite Dr Bend, OR 97702	382-0206	corbari@empnet.com
Fennell, Alex			canuckavenger@yahoo.com
Flaming, Mark	3960 Belmont Dr Bend, OR 97031	(541)386-6304	markflaming@yahoo.com
Gardner, Trent	1637 NE Lotus Dr #2 Bend, OR 97701	318-5176	imaginetgardner@yahoo.com
Geisen, David	4415 42nd Ave S Seattle, WA 98118	(206)568-7666	dgeisen@quorumreview.com
Geisen, Jennifer	2148 NW Poplar Place Redmond, OR 97756	548-6995	joha@terragon.com
Geisen, Michael	2148 NW Poplar Place Redmond, OR 97756	548-6995	joha@terragon.com
Holmes, Drew	61164 River Bluff Trail Bend, OR 97702	280-2107	drewholmes@bendcable.com
Kelly, John	427 NW Riverfront Bend, OR 97701	312-9502	datavis@nwlink.com
King, Max	833 NW Columbia Bend, OR 97701	318-1091	mking@bendres.com
Krog, John	PO Box 7788 Bend, OR 97708	312-2312	jkrog@cynergypartners.com
Lamar, Shaun	15838 Sparks Dr La Pine, OR 97739	536-1137	tundrazkman@msn.com
Mahoney, John	3144 Yellow Ribbon Rd Bend, OR 97701	318-7359	jmahoney@bend.k12.or.us
McNamara, Joel	unlisted	unlisted	unlisted
Millar, Matthew	1354 NW Union Bend, OR 97701	318-7144	mtmillar@msn.com
Mount. Lindy	31 Big Leaf Sunriver, OR 97707	598-2805	Imount@cmc.net
Mulcahy, Nick	3038 SW Pumice Ave Redmond, OR 97756	504-8732	nickdshark@yahoo.com
Oliver, Hildie	1445 NW Fresno Bend, OR 97701	388-4199	adventuregirl@coinet.com
Pfeil, Bristolyn	15838 Sparks Dr La Pine, Or 97739	536-1137	bristolyn@msn.com
Pozzi, Marti	20600 Bemis Ln Redmond, OR	382-0573	m.pozzi@direcway.com

Pyott, Sheila	38 NW Mueller Bend, OR 97701	383-5820	steviespy@bendnet.com
Sassin, Cathy	18724 Choctaw Rd Bend, OR 97702	322-6262	cathy@intrafitt.com
Schaefer, Damon	12400 SW Broadway Beaverton, OR 97005	(503)260-6046	damon@tridsports.com
Schill, Tom	55686 Big River Dr Bend, OR 97707	598-7272	schill_chiro@yahoo.com
Schneider, Dave	PO Box 431 La Pine, OR 97739	536-5617	dschneider@midstatecoop.com
Schultz, Mary	19456 Brookside Way Bend, OR 97702	385-6148	mschultzbend@yahoo.com
Serpico, Stephanie	2290 NE Lakeridge Dr Bend, OR 97701	317-1904	dsinbend@msn.com
Speik, Robert	61334 Wecoma Court Bend, OR 97702	385-0445	speik@bendcable.com
Stevens, Joanne	429 NW Georgia Bend, OR 97701	317-5709	jlestevens@hotmail.com
Stevenson Pam	501 NW Riverfront Bend, OR 97701	389-5599	pam_stevenson@hotmail.com
Thomas, Chuck	529 NW Georgia B Bend, OR 97701	318-8531	cathomas@bendcable.com
Uetrecht, Stephanie	19509 Lost Lake Dr Bend, OR 97702	330-8717	uetrecht@bendcable.com